



Harbor Trinity Groups

Discussion Questions

Sermon Title: Summer Series 26: Internal and External

Scripture: 1 Samuel 16:1-13; Deuteronomy 10:12-22; Micah 6:6-8; John 4:20-26

Date: August 2, 2026

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1. Each of the passages from this weekend can be familiar. Of those we shared, which are you most familiar with? Which are you least familiar with?
2. This weekend, we shared that worship is both/and, not either/or. Worship is internal (affections, thoughts, attitudes, motives) and external (physical expression, manifestations, actions). If worship is "how we respond to what we love most," do you have a tendency to respond internally or externally more often?
3. As we begin in 1 Samuel 16, the comparison between why Saul was chosen (1 Samuel 9:2) and why David was chosen (1 Samuel 16:7). In what areas of your life or decision-making do you tend to rely on "outward appearances" rather than seeking God's perspective on character?
4. How does the rejection of man's initial choices at Jesse's house (1 Samuel 16:8-11) challenge the way you perceive others?
5. In what ways is God developing your character during "hidden" or ordinary seasons of life (1 Samuel 16:11; cf. 1 Samuel 17:34-36) rather than immediate recognition?
6. As we continue in Deuteronomy 10, verses 12-14 are the ones that are quoted most often. How do the implications of these continue in 15-22?
7. One of the ways we serve "the LORD your God with all your heart and with all your soul and to keep the commandments and statutes of the LORD" is in how we serve others (10:18-19). For the people of Israel, their experience in Egypt, helped them to serve those who had a similar experience among them. How have you seen this to be true in your life?
8. Let's read Deuteronomy 10:18 and then read Micah 6:6-8. How do these verses relate to one another?
9. How does Micah 6:6-8 help us understand how worship is internal and external (both/and), not either/or?
10. John 4:21-24 is our final passage from the weekend. What does Jesus mean by his statement in John 4:23-24?
11. How do we become people who are internal/external, spirit/truth, and heart/soul?
12. How can we become a church that worship is not just internal (during our worship services), but external (extends to our family, friends, coworkers, and neighbors outside of our services)?