



Harbor Trinity Groups

Discussion Questions

Sermon Title: Summer Series 26: To Cherish God's Presence

Scripture: Psalm 16:11; Psalm 84:1-2, 10; John 15:4-5, 11

Date: July 12, 2026

Speaker Name: David Neal

1. Please share one high and one low from this past week.
2. Was there anything from the message this past Sunday that stood out to you?
3. What is a temporary "destination" you recently chased thinking it would bring total satisfaction (e.g., a purchase, a weekend trip, a milestone), only to find the excitement faded quickly?
4. How does shifting our definition of joy from a *place* to a *person* change how we handle difficult seasons?
5. Why do you think we naturally default to a "thousand days" of cheap substitutes rather than choosing the one day that actually satisfies our souls?
6. What does a "visiting" relationship with God look like versus an "abiding" relationship in modern, busy life?
7. Why is it so challenging to focus on *who God is* (His face) rather than just what *He can give us* (His hand), especially when we are stressed or under pressure?
8. Think back through your screen time and calendar from last week. Where are you spending your time looking for a quick hit of joy? How can you consciously trade 15 minutes of entertainment for 15 minutes of quiet stillness with God this week?
9. Abiding doesn't require moving to a monastery; it requires dropping anchors throughout your day. Which of these three anchors can you realistically commit to practicing tomorrow?
 - Morning*: Spend the first 5 minutes of your day talking to God before checking your phone.
 - Midday*: Set a noon alarm. Take 3 deep breaths and pray: "*Lord, I am connected to you right now.*"
 - Evening*: Reflect on three specific things you are grateful for before falling asleep.
10. How can we be praying for each other this week?