



Harbor Trinity Groups

Discussion Questions

Sermon Title: I Am: The Bread of Life

Scripture: John 6

Date: February 8th, 2026

Speaker Name: Justin Chandler

1. This is our first week through the seven “I Am” statements within the Gospel of John: I Am the Bread of Life (John 6:22-59), I Am the Light of the World (John 8:12-30), I Am The Door (John 10:1-10), I Am the Good Shepherd (John 10:11-21), I Am the Resurrection and the Life (John 11:1-44), I Am the Way, the Truth, and the Life (John 14:1-14), and I Am the True Vine (John 15:1-17). Which are you looking forward to most?
2. Let’s read verses 6:1-14. How easy is it for you to give all you have to Jesus when there’s a problem to solve? Why is that?
3. Does the story of the miraculous feeding motivate you to do this? Explain.
4. Let’s read verses 6:15-21. Why did Jesus deliberately send His disciples into the danger of the storm?
5. When, if ever, has pride at success been a problem for you? How did God address that with you?
6. Let’s read verses 6:22-59. Why are the Feeding of the 5000 (John 6:1-14) and Jesus Walking on Water (John 6:16-21) important to the discourse in John 6:22-59? How does this help us understand what Jesus is sharing?
7. Was wanting physical food a good reason to seek Jesus? Explain.
8. The Woman at the Well (John 4) and the Bread of Life (John 6) have many similarities. Which do you recognize?
9. What did Jesus mean when He said, “I am the bread of life”?
10. What was “eat my flesh and drink my blood” (6:54) a hard teaching for these potential disciples to accept?
11. How easy is it for you to live by this teaching? Why?
12. How does Jesus want you to respond the next time you face an impossible situation or a truth that is hard to accept?