



HTC Groups

Discussion Questions

Sermon Title: Summeritis: Practice Delight

Scripture: Isaiah 58

Date: May 19th, 2024

Speaker Name: Justin Chandler

1. What comes to mind when you hear the phrase “practice delight”?
2. What are some of the experiences, activities, etc., that bring you delight? How do you make a regular practice of them?
3. Let’s take a moment to read Isaiah 58 together. Isaiah the prophet offers two different perspectives on religious observance. What distinctions do you notice?
4. Considering the juxtaposition between the fast the people perform and the fast the Lord has chosen, both have the same level of activity but different intentions and outcomes. Why is this?
5. Have you ever thought about “all the things I do for God” (Isaiah 58:3) and how things haven’t changed? What response do you have as we read the rest of the chapter?
6. Isaiah 58:13-14 is specific to the Sabbath. Why would God speak to the people of Israel in this way? How is God speaking to you?
7. The Lord corrects the people of Israel by doing their own pleasure/business, going their own way, seeking their own pleasure/business, and talking idly. How does this expand our perspective of Sabbath rest beyond church attendance?
8. How do you “take delight in the Lord” (Isaiah 58:14)? Is this how you would describe your relationship with God? Why or why not?
9. Let’s reread Isaiah 58:8-12. This is a promise to the people of Israel, but it is also a promise to the church of Jesus. How can this be true at Harbor Trinity Church?
10. Let’s take a few moments before we close to pray this passage over one another and over our church. May God’s light break forth like the dawn; may the Lord guide us continually; may the City of Costa Mesa and Orange County be rebuilt; may we raise up the foundations of many generations.